

## Evening Sail on Schooner SoundWaters



Photos by Charles Salmons

An evening sail on the schooner SoundWaters, followed by dinner at nearby restaurants, was hosted by **Gary Banks** and **Chris Snyder** on September 27. Passengers brought their own snacks, beer, wine and soft drinks. Departure was from Stamford Landing. Included was a talk about the "Maritime History of Long Island Sound."

## President's Message

I am writing this on behalf of **John Wolcott**, who has absconded to the South Pacific. He was last sighted on a turquoise lagoon in French Polynesia. By the time you read this, he should be back. The 2018-2019 DMA season is off to a good start. New members continue to join every week, introducing themselves with a 120-second (sometimes longer) biography. At the time of this writing, October 15, the membership count is 309. **Bert von Stuelpnagel**, treasurer, wishes to thank all members who have paid their membership



dues and urges others who have not yet done so to drop off their check (\$75 plus a suggested \$25 contribution for refreshments) at the membership desk or mail it to DMA, 274 Middlesex Road, Darien, CT 06820. If you have moved away or have for some other reason decided not to stay active in the club, please inform the Membership Committee Chairman **Bryan Hooper** by email at [jbryanh@optonline.net](mailto:jbryanh@optonline.net). We all appreciate the outstanding speakers we have had so far, with the musical performance by members of the Norwalk Symphony Orchestra receiving

the most kudos. The future lineup of speakers also promises to be of high quality. Our other activities are in full swing, though the persistent monsoon has caused some events to be postponed. The Social Committee's prayers were answered when the skies cleared for three hours to enable 40 members and spouses to enjoy what turned out to be an absolutely beautiful evening sailing on the schooner SoundWaters. Participating in club activities is the best way for newer members to fully enjoy the benefits that DMA has to offer – camaraderie and community, friendship and fun. You have many activities from which to choose: bridge, bowling, golf, community affairs, social events, hiking, Happy Wanderers, book club, current affairs, tennis, pickleball and woodworking. So go at it! The festive season is almost upon us. **Tony Yezzi** and the Social Committee have planned a truly outstanding Christmas Party at the Country Club of Darien on Wednesday, December 19. Mark your calendar for this not-to-be missed event. In contrast to last year, the party will be a full hors d'oeuvres and dinner event with musical entertainment provided by the highly regarded Tudor Singers of the Darien High School. The reasonable per person cost of \$60 is made possible by a partial subsidy from the DMA. The DMA succeeds because many volunteers devote time and effort. Please join me in thanking them for their dedication. And what about the professional quality of this newsletter? It beats hands down the efforts of our sister men's clubs from neighboring towns. For this, thanks are due to **Ray Meurer** and **Taylor Strubinger** and all those who contribute hours of work in putting this together.

*Sunil Saksena, first vice president*

## Speakers

Wednesday, November 7, 2018

**Richard Frisch** will speak on "From Grunts to Tweets, the History of Human Communication."



He will discuss why speech arose and why Homo sapiens is the only species to develop language. His talk will focus on four topics: development of spoken language, development of written language, electric/electronic communication, and neural communication in the present and future. Richard has been entertaining and informing groups about technology topics for over a decade. Recent presentations have been "Is Privacy Dead?" "The History of Recorded Sound," and "How Big Data, Neuroscience and Psychology Are Used to Manipulate Us." Richard runs RHFtech, providing technology guidance and support to small businesses. He was an executive in the financial services sector for 30 years.

He has a B.S. in physical anthropology from Duke University and an M.B.A. from Harvard University. He and his wife Marianne and have lived in Weston for more than three decades. They have one daughter, an attorney who works for the Department of Justice.

**Arranged by Andre Guilbert**

**Wednesday, November 14, 2018**

**Jeff Brameier**'s talk is entitled "The Importance of Athletics in High School." Athletics have been



a mainstay of the high school scene for decades. Today, the field has vastly expanded, giving an ever greater variety of competitive options to both male and female students. While students get involved in high school athletics for the sheer love of the game, there are significant benefits from these extracurricular activities. The discussion will focus on the experiences Jeff has drawn on from his 40+ years of coaching at Darien High School. He was raised in Darien. He heads into his 36th season at the helm of Darien High School's boys lacrosse program, where he has guided his teams to a win-loss record of 594-133 (.818), winning 17 FCIAC League Championships, 13 State Championships, including six in a row from 2005-2010. His team was ranked #1 public school in the country in 2014 and 2017. He has coached

91 High School All-Americans, 175 High School All-State players, 14 Connecticut Players of the Year and has been named Connecticut Lacrosse Coach of the Year five times. He was National Coach of the Year in 2014 and was inducted into the Connecticut Lacrosse Hall of Fame in 2011. He has been president of the Connecticut High School Lacrosse Coaches Association for the last 31 years. In the past, he also has coached the Darien High School football and swim teams.

**Arranged by Sunil Saksena**

**Wednesday, November 21, 2018**

**Thanksgiving Holiday**

**Wednesday, November 28, 2018**

**James von Klemperer** will focus on architectural design and other factors associated with the



creation and construction of super tall buildings, including the 435-meter skyscraper currently being erected at One Vanderbilt Place next door to Grand Central Station. James serves as the president and design principal of Kohn Pedersen Fox Associates, PC. He has been responsible for the design of major commissions throughout North America, Europe and Asia. James has lectured at Harvard University, Columbia University, Miami University, Smith College and Ecole Speciale d'Architecture in Paris, as well as at congresses in Jakarta, Seoul and Mexico. He served on the Zoning Board of Appeals in Darien from 1996 to 2003. He is an active member of ULI, as well as the Institute for Urban Design. His work abroad includes the U.S. ambassador's residence in Nicosia; Dongbu Financial Center, winner of an Honor Award from the AIA New

York City Chapter; and 30 Hill Street in Singapore on the site of the former U.S. embassy. James is working on New Songdo City, a 1,500-acre free trade zone in Korea. His work in the United

States includes the Daniel Patrick Moynihan U.S. Courthouse in New York City, which was the recipient of the 1996 General Services Administration Design Award; the Institute for International Economics in Washington, D.C., winner of an Honor Award from the Washington, D.C., Chapter of the AIA; 640 Fifth Avenue, winner of a New York construction newsletter: “Best of 2004 Renovation Award of Merit”; and the award-winning Mohegan Sun Resort hotel, casino and arena in northern Connecticut. James received a B.A. from Harvard University, a master of architecture from Trinity College, Cambridge and a master of architecture from Princeton University.

**Arranged by Tom Haack**

**Wednesday, December 5, 2018**

**David McKillop** will talk about “Ten Pillars of Programming.” It’s a personal look as to how



nonfiction TV shows, such as reality series and documentaries, are developed inside a network. It includes insights into how to develop, nurture and grow creative teams within a traditional corporate environment. David is a seasoned American producer who has developed and delivered popular cable hits on three networks: A&E, History and Discovery. David most recently served as chief creative officer and partner of Propagate, a multiplatform production company funded by A&E Network. Prior to this, he was general manager of A&E Network, where he was instrumental in the development and production of the Oscar-nominated and Emmy-winning feature documentary “Cartel Land,” cable’s most-watched nonfiction series of all time “Duck

Dynasty” and the record-breaking hit series “Storage Wars.” Earlier in his career, he was vice president of production for Discovery Channel and then senior vice president at the History channel. His credits include the Emmy award-winning documentaries “Gettysburg” and “102 Minutes That Changed America.”

**Arranged by Sunil Saksena**

**Wednesday, December 12, 2018**

**Aleksandr Troyb** will discuss the commonly held myths regarding immigration rules as they exist



today. His talk will draw on his experience as a practicing immigration attorney advising individuals, as well as corporations, with their immigration issues. He also will discuss aspects of the “Gang of 8” immigration bill, which passed the Senate on a bipartisan basis a few years ago but never was taken up by the House, as well as the outlines of the immigration proposals being discussed by the Trump administration. Alex is an attorney practicing with the law firm of Benjamin, Gold & Troyb, P.C. in Stamford, where he advises clients on various aspects of immigration law and regulations. He is licensed to practice in Connecticut and New York courts, as well as the Federal District Court for the District of Connecticut. Alex serves as a committee

co-chair of the Connecticut Chapter of the American Immigration Lawyers Association, where he previously served as the chapter chair and member of the National Board of Governors. In addition, Alex serves as treasurer on the Executive Committee of the Fairfield County Bar Association, where he also serves as a committee co-chair.

**Arranged by Sunil Saksena**

**Wednesday, December 19, 2018**

**Frank Sparks, M.D.**, will speak on “How the Great Pyramid Was Really Built (It's Not Like You



Think).” His talk will debunk the popularly held belief promoted by egyptologists that the Great Pyramid was made from perfectly quarried 2.5-ton limestone blocks that were then lifted to the top of the pyramid and became the tallest building in the world upon its completion 4,800 years ago. In the past 30 years, electron microscopy has shown that the pyramid "stones" are manmade blocks of limestone in the form of a polymer that contain chemicals not found in any of the limestone in the world. What actually happened was that the Nile-flooded limestone was easily raked apart; it was carried up to the pyramid in baskets where chemicals were added; and the contents were dumped into molds that then set within 24 hours. Professor Hobbs of MIT says this has been repeated worldwide, making this approach a fact, not a theory. Dr. Sparks is a resident of New Canaan, where he lives in

retirement with his wife Michelle. They have six daughters and 10 grandchildren. He received a B.S. and M.D. from Northwestern University and an M.B.A. in finance from the University of Connecticut. He was a surgeon at the National Cancer Institute and also at NYU, UCLA and UConn, where he was both a surgeon and professor and chairman of the Department of Surgery. He has authored 79 peer-reviewed papers and more than 100 abstracts and has received \$1.6 million in research grants. His background in chemistry and physics led to his interest in how the Great Pyramid was built.

**Arranged by Sunil Saksena**

**Wednesday, December 26, 2018**

**Christmas Holiday**

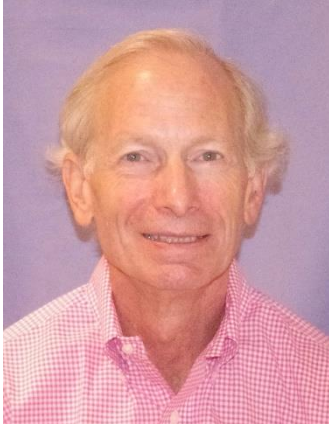
### **Christmas Party**



**Tony Yezzi** will again host the annual Christmas Party on Wednesday, December 19, 2018, 5:30 p.m. to 8 p.m., at the Country Club of Darien. Food service will include one hour of hors d'oeuvres and a sit-down buffet dinner. The menu includes Caesar salad and choice of chicken francaise, grilled salmon or cavatelli bolognese, plus a tasty dessert. Entertainment is the Darien High School Tudor Singers. Cost is \$60 per person with a cash bar. You can begin signing up at the November 7 meeting.

## New Members

**Frank DeLeo** was born in Mt. Vernon, N.Y., in 1952 and grew up in Greenwich. He graduated



from Greenwich High School in 1970, where he was active in baseball, student government, the service club, chorus and the youth church organization. He graduated from the University of Connecticut in 1974 with a B.A. in psychology. He was a University Scholar, invited to Phi Beta Kappa and Phi Kappa Phi, and was active in intramural sports. He graduated from the Wharton School, University of Pennsylvania, in 1976 with an M.B.A. in marketing and was awarded the Colgate-Palmolive Fellow Degree with Distinction. In 1976, he began working at General Foods in White Plains involved with product management. He continued in product and brand management marketing and product development for companies in consumer provider businesses such as Clairol, Cadbury Schweppes,

Bath & Body Works, Eddie Bauer and Hallmark Cards until retiring in 2018. Frank and his wife Patti of 44 years live in West Norwalk and have three children and six grandchildren living nearby. He is an enthusiastic supporter of the Yankees, Giants, Knicks and Rangers, as well as both the UConn men's and women's basketball teams. His hobbies include golf, tennis, reading, crossword puzzles, guitar playing, water sports, skiing, and family water destinations for vacations (Nantucket, the Caribbean and Florida). *Sponsored by Gerrit Lydecker.*

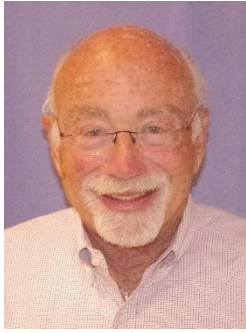
**Edwin J. Sweeney** was born in Weymouth, Mass., in 1949 and grew up in Hingham, Mass. He



graduated from Archbishop Williams High School in Braintree, Mass., in 1967 and was active on the hockey team for four years. He graduated from St. Anselms College in Manchester, N.H., with a B.A. and the University of Notre Dame with a B.S. in civil engineering in 1972. At Notre Dame, he participated in varsity sailing. He received an M.S. in civil engineering in 1974 from the University of Massachusetts at Amherst. He is a registered professional engineer in Connecticut and California. His working career started as a consulting engineer for Carollo Engineers in Walnut Creek, Calif., in 1974. He joined Dorr Oliver in 1977 as a sales engineer for industrial filtration products and in 1989 became vice president of sales for water and wastewater filtration systems for Dorr Oliver Environmental Systems. In 1989, he joined Krauss

Maffei Corp (Munich & Rowayton) as sales manager of industrial filtration and in 2007 was with Flottweg Separation Technology (Munich & Rowayton) as industry manager of filtration systems for petro chemical and mineral processing. Ed and his wife Vivian of 39 years live in New Canaan and have two sons, one living in Darien and the other in London. Ed is a past commodore of Noroton Yacht Club, past president of the Darien Winter Club, member of Silvermine Golf Club, New Canaan Men's Club and former member of the Darien Environmental Protection Commission. For hobbies, Ed is an active competitive sailor, likes golfing and is an avid Red Sox, Bruins, Patriots and Notre Dame fan. *Sponsored by Alex Garnett.*

**Richard Helstein** was born in New York City in 1944 and grew up in Scarsdale. He graduated from Scarsdale High School in 1962 and was active on the student council, varsity soccer, the school band and the class play. He graduated from Duke University in 1966 with an A.B. in English. He was active in varsity soccer, inducted into the Senior Men's Honorary, president of his fraternity and active in the IRC Judicial Board. Richard's work history spans from 1968 to 1999 with General Foods (later merged into Kraft Foods) as marketing director and vice president of Global Advertising Kraft Foods. He also was adjunct professor at Darden Graduate School of Business at the University of Virginia-Charlottesville and marketing consultant for Pfizer, Microsoft, Nabisco, Pinnacle Foods and Snyder-Lance Foods. Richard and his wife Susan live in Darien. They have three married children living in Norwalk, Greenwich and Wayland, Mass. They also have 10 grandchildren. Richard is head elder at Christ Community Church and is a volunteer at Hopeline and the Alzheimer's Association. *Sponsored by John Hess.*



**Steve Ward** was born in New York City in 1945 and grew up in Darien. He graduated from Portsmouth Abbey in 1963, where he was active in soccer and sailing. Steve graduated from Colby College in 1968 with a B.A. in economics and was active in his fraternity and varsity soccer. He received an M.B.A. from the University of Utah in 1970. Steve served in the U.S. Air Force from 1968 to 1972, repairing and modifying Phantom jets in the United States, Europe and Asia. He worked at General Electric from 1972 to 1988 and was involved in contracting, traveling audit and financial management. Steve was with Sterling Drug from 1988 through 1995 and was chief financial officer (CFO) for Europe. He was CFO of Sanofi in the United States from 1995 through 2001. Steve and his wife Sandra live in Rowayton and have two sons and a daughter. He has three grandchildren with another expected in December. Steve belongs to Wee Burn Country Club, Country Club of Florida and St. Andrews Club in Delray Beach, Fla. He also is a member of the Community Fund of Darien and George Washington Carver of Norwalk. For leisure, Steve enjoys tennis, golf and history. *Sponsored by David McCollum.*



**Ron Kehle** was born in 1941. He earned a B.A. degree from New York University and took graduate work at Munich University. His professional life is as president/owner of Miltenberg & Samton, an international trading company supplying process/package machinery and ingredients to the confectionery industry. Ron and his wife Grace have two children, one of which now is managing the company after Ron's retirement this past September. They have two grandsons. Ron is a member of the Ski Club and German Club, and in his leisure time, he enjoys skiing, boating, reading, traveling and relaxing at his Florida home in Naples. *Sponsored by John Hess.*



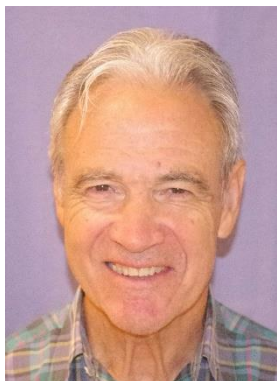
**Bob Plunkett** was born in Milwaukee, Wis., in 1962 and grew up in River Hills, Wis. He graduated from University School of Milwaukee in 1980, where he was active in track and field, cross country and the chess club. He graduated from Cornell University with a B.A. in economics in 1984, where he was on the cross-country team and participated in some marathon running. Bob continued his studies at Cornell, where he received his M.B.A. from the Johnson Graduate School of Management in 1988 while also working with the Old Ezra Investment Club and the hockey team. His work history began in 1988 with Metropolitan Life in New York City in investments. In 1995, he relocated to Stamford with GE Asset Management and in 2016 joined JPMorgan Chase in Fairfield in relationship banking. Bob and his wife Karen live in Darien and have four children, two living nearby, one in college and one in high school. He is a member of the CFA Institute and CFA Society of Stamford, served on the board and was vice president of investments on the executive board of the Darien Nature Center. He is a former member of the Noroton Yacht Club and Middlesex Club, and served as tribal chief of the Darien YMCA Guides. For leisure, Bob enjoys travel, reading, investments and hiking. *Sponsored by Bryan Hooper.*



**Peter Wheelock** was born in New Rochelle, N.Y., in 1949 and grew up in Larchmont. He graduated from Mamaroneck High School in 1967. He graduated from Dartmouth College in 1971 with a B.A. in economics and geography. While there, he played rugby and was on the team for WDCR radio. He received an M.B.A. from New York University in finance in 1983. From 1971 to 1975, Peter served in the U.S. Navy in the Western Pacific. From 1975 to 1986, he worked with Chase Manhattan and Crocker Bank/Wells Fargo as a commercial banker. In 1986, he joined Bank of America as a commercial banker and also handled bankruptcy restructuring and recovery. Bob and his wife Candy have three sons located in Los Angeles, New York City and Washington, D.C. He belongs to the Silvermine Golf Club, Yale Club of New York City, Darien Boat Club and St. Luke's Parishioner and Community Supper. He is a Person-to-Person volunteer. Hobbies include golf, fishing and writing. *Sponsored by Alex Garnett.*



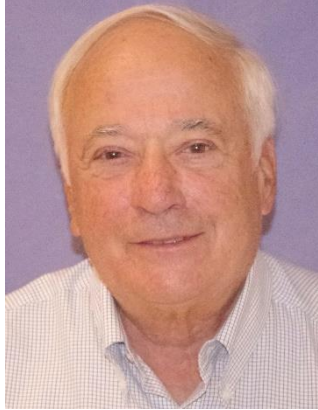
**Don Loomis** was born in Miami, Fla., in 1946. He grew up at the Wentworth Club in Surrey, United Kingdom. He graduated from Fairfield Prep in 1964, where he was active on the cross-country team. He graduated from Georgetown University School of Foreign Service in 1968, where he rowed lightweight crew. He served in the U.S. Navy from 1968 to 1974 aboard a destroyer escort based in Naples, Italy (where he met his wife). In 1971, he became sports editor of the English language daily paper *The Rome Daily American*. Upon returning to the States, he worked at Fisher International, located in Norwalk, Conn., in consulting and market research on the paper industry. He assisted in constructing the company's worldwide database covering 3,560 mills on all five continents. Ron and his wife Daniela live in Darien and have one daughter (Navy JAG officer stationed in Washington, D.C.) and three grandchildren. He belongs to the Norwalk River Rowing Association





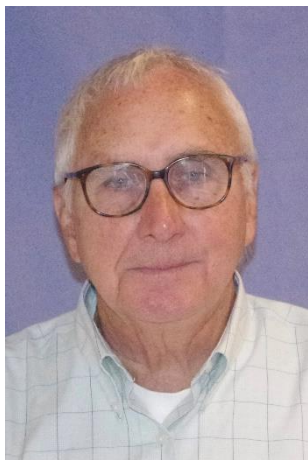
and St. John's Choir. For leisure, he enjoys rowing, skiing, travel and languages. *Sponsored by Dieter Bruhn.*

**Ed Barksdale** was born in Little Rock, Ark., in 1945 and grew up in Atlanta, Ga. He graduated from W.F. Dykes High School in 1963, where he was active in student government. Ed graduated from Duke University in 1966 with a B.A. in economics and from the Wharton School at the University of Pennsylvania in 1968 with an M.B.A. in finance. Upon graduation, Ed joined General Dynamics in New York as a pension officer; in 1969, he joined Mitchum, Jones and Templeton, which later became Callan Associates, in San Francisco, as performance measurement and investment manager, tracking staff and systems. He returned to New York as a pension and investment consultant to institutional investors with Dreher Rogers. In 1976, Ed joined Rogers, Casey and Barksdale in Stamford, working with institutional clients and managing technical staff and systems. His division was purchased by Northern Trust of



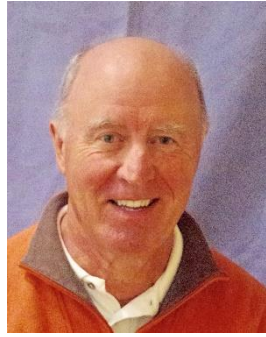
Chicago in 1995, and Ed became president and CEO of Northern Trust Global Advisors and Northern Trust of Connecticut. In 2000, Ed was co-founder of Federal Street Partners in Stamford, where he created pooled vehicles focused on alternatives, primarily hedge funds. In 2018, the firm downsized, focusing on partner capital and advice to a few long-time clients. Ed and his wife Joan have three children (living in Tokyo; Freeport, Maine; and Missoula, Mo.). He belongs to the Tokeneke Club, Wee Burn Country Club, Noroton Yacht Club, Campfire Club and Lost Tree Club. He enjoys boating in the summer and skiing in the winter. *Sponsored by Gene Markowski.*

**Lawrence D. Cavanagh** was born in 1942 in Norwalk and graduated from Portsmouth Abbey School in Portsmouth, R.I., in 1961. After high school, he attended Georgetown School of Foreign Service, worked in the merchant marine and served in the U.S. Navy. Larry graduated from New York University in 1971 with a B.S. degree and from its Stern School of Business with an M.B.A. in 1973. For the next three years, he worked at the Federal Reserve Bank of New York, monitoring and assisting senior economists with database operations and econometric analysis. From 1976 to 1991, he was involved with money reports, currency forecasting, econometric analysis for currency forecasts and gold hedge strategies at Business International, European American Bank, Dean Winter Reynolds, CBOE, Elders and Montgomery Investment Technology. In 1991, Larry joined Value Line as editor of the Value Line Daily Options Survey. Since 2011, he has worked at Hunt Street



Associates as a principal, handling financial modeling. Larry and his wife Eleanor live in Rowayton. He belongs to the Saugatuck Shore Club and Inisfad Foundation and is a board member of the Norwalk Symphony. His hobbies include reading, writing, lecturing, financial modeling and travel. *Sponsored by Jim Frayer.*

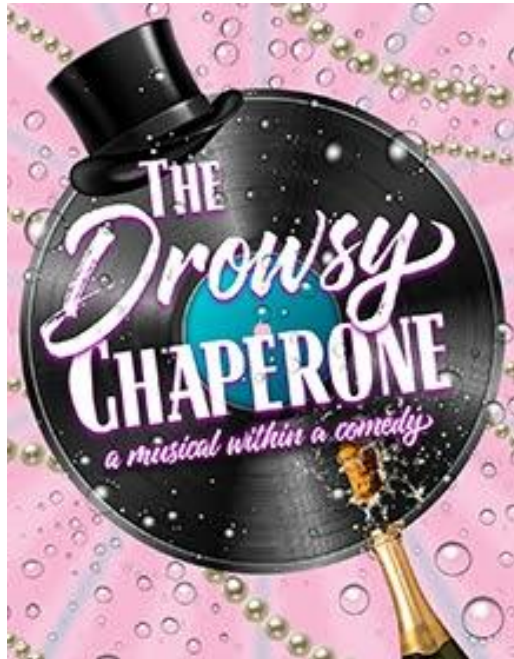
**Mac McGuire** was born and raised in Detroit, Mich., in 1949. He graduated from the University of Detroit Jesuit High School in 1967 and was active in football, sodality, track and the student senate. Mac graduated from Boston College with a B.A. cum laude and Fordham Law School in 1975. His business career began as a staff attorney for the Department of Interior in Washington, D.C. In 1976, Mac joined the law firm of Mendes & Mount, where he remained until his retirement in 2013. His career involved legal work for insurance and reinsurance clients domestically and internationally while working in Manhattan. From retirement to 2016, he spent time with Academic Group in Manhattan. Mac and his wife Mary Ellen live in Rowayton. They have three children living in the area, as well as three grandchildren. He is a



member of Winged Foot Golf Club, is an ad hoc member of Physicians Association of America and is a former member of the board of the Bell Island Association. Mac spends his leisure time playing golf, reading, working out at the YMCA, traveling and rooting for all the professional teams from Detroit. *Sponsored by Robert Johnson.*

## Events and Activities

### Goodspeed Opera House, November 15, 2018



**Chris Snyder** has planned a trip to the Goodspeed Opera House for November 15, 2018. The bus will leave at 10 a.m., lunch will be at noon, show time is 2 p.m. You can expect to be home by 6:30 p.m. In this hilarious valentine to show tunes and show people, a forgotten Jazz Age musical comes to life in the living room of a diehard theatre fan. As he eagerly spins his favorite cast album, a fizzy vintage show suddenly appears, exploding with song, dance and pure entertainment. Our quirky narrator fills the plot holes with laugh-out-loud results. Packed with show-stopping numbers and larger-than-life characters, here's a Tony Award-winning spoof that will have everyone falling in love with zany musical comedy!

## “Hands for Life with AED” Training



Photos by Gary Banks

**Gary Banks** organized a hands-on demonstration of how to use an automatic electronic defibrillator, commonly called an AED, that was conducted by volunteers from Darien Post 53. CPR also was covered. Fifty people took part in the training session that was held immediately after Dr. Dhruvakumar’s talk on atrial fibrillation on October 24. Look for the AED device next time you are at a meeting. It is located on the first floor next to the ladies room.

## Holiday Light Prep, November 1, 2018

**Jack Fitzgibbons**, announced we will check the lights on the Town of Darien holiday wreaths Thursday, November 1, 2018. We will meet at 9 a.m. behind Town Hall. Last year, we replaced 195 lights and hope to pass 200 this year. The whole project takes about an hour and a half. The more people who show up, the faster the work. There will be a sign-up sheet at the Wednesday meetings, but all are welcome to attend. Coffee and donuts are provided. It is a valuable community project and a good time. For questions, contact Jack at [jbfitz@earthlink.net](mailto:jbfitz@earthlink.net).



## Wanderings: Roosevelt Island & East River Water Ferry



East River Water Ferry Wandering

Photo by Gregory Glashan

**John Barston** reports there were two wanderings this fall. **Joe Spain** led the first one on September 18. Wanderers took the cable tram to Roosevelt Island and later visited Astoria, Queens, home to the earliest days of the motion picture industry. **Mark Shakley** led the second wandering on October 16 to trace the history of the East River Water Ferry. Highlight of the wandering was a stop at Brooklyn's DUMBO (for Down Under Manhattan Bridge Overpass), lunch at the Sugarcane Restaurant and ice cream cones at the Brooklyn Ice Cream Factory. On November 13, John says **Sunil Saxena** will lead the Wanderers as they perambulate through the Lower East Side with stops at the Tenement Museum, Katz's Delicatessen and a working 19<sup>th</sup> century tavern for an early eye opener.

### Book Club



**Harris Hester** reports that on November 14, the book club will discuss *Destined for War: Can America and China Escape Thucydides's Trap* by Graham T. Allison. On December 12, participants will discuss *The Spy and the Traitor: the Greatest Espionage Story of the Cold War* by Ben Macintyre. All books are available at the Darien Library. The club meets in the Mather Center Library the second Wednesday of the month year round at 12:30 p.m.

## Hiking: Zofnass Preserve. Preview of November Hikes



Zofnass Preserve

Photo by Joe Spain

**Sunil Saxena** reports that 12 people and two dogs turned out for a challenging but exhilarating hike through the Zofnass Preserve. The trails were quite steep. Sunil estimates they climbed the equivalent of a 45-story building. Lunch was at Long Ridge Tavern. Two less demanding hikes are planned for November. On Thursday, November 8, hikers will take on the Mianus River Park in Stamford. On Thursday, November 29, the hike will be at Greenwich Point Park. All are welcome to join in.

### Current Affairs



**Jim Phillips** reports that on November 15, the Current Affairs group will discuss “Single Payer for Healthcare.” On December 13, the group will discuss “Global Warming.” Reference material is posted on the DMA website that participants can read prior to the meetings that normally are held the third Thursday of the month, 8 a.m., in the Lillian Gade Room, second floor, Darien Community Association.

**Activities** of note not mentioned elsewhere in this issue:



**Bowling**, Tom Lom, 655-0686  
Tuesdays, 9:15 a.m., Nutmeg Lanes, Fairfield



**Bridge**, Tony Kwedar, 656-0444  
Tuesdays, 1 p.m., St. Luke's Church, Noroton



**Chess**, Tony Kwedar, 656-0444  
Mondays, 1 p.m., Mather Center



**Computers**, Ed Mulock, 655-8853  
Tuesdays, 10 a.m., Mather Center



**Golf**, Denny Devere, 353-1758  
As announced



**Pickleball**, Al Metayer, 655-8519  
Tues. & Thurs., 9:30 a.m., Mather Center



**Songsters**, Joe Holmes, 838-8744  
As announced



**Tennis/Paddle**, Al Metayer, 655-8519  
Mon., Wed., Fri., 9:30 a.m., Weed Beach



**Woodworking**, Tom Williams, 655-7398  
Mon. & Tues., 9:30 a.m., Mather Center

Darien Men's Association Newsletter

**Publisher**, Ray Meurer. **Speaker write-ups & new member bios**, Taylor Strubinger. **New member photos**, Michael Poler. **Caricature**, Tom Glover. **Mailing list**, Frank Kemp. **Photo credits this issue in order of appearance**, Charles Salmons, Gary Banks, Gregory Glashan, Joe Spain.